

Weekly Meditation by Rev. Teri Lubbers

Jesus Knows Me

“Jesus knows me....this I love...” ~ Quoted by Brandie Jean Turner, niece of Brenda Hunt

Since childhood I have sung the song: *Jesus Loves Me, This I Know*. I have sung it to people of all ages – very young and elderly alike – people just embarking on life’s journey and people close to journey’s end. It is a reassuring little song. But until today I had never heard anyone reverse the words: *Jesus Knows Me...This I Love*. I like it. I love the idea of being known for who I am, inside and out.

Who knows you? I mean who really knows you? Who knows your secret thoughts, hidden longings, hoped-for dreams, and uncertain fears? If we are fortunate, we may share ourselves with a confidante, a soul-friend, one who sings back to us the song of our life when we have forgotten the tune. It could be a family member, a partner, a therapist, a friend. In their presence something tight inside of us relaxes. Something feels at ease and at home, at peace, whole.

We are never alone you know. We feel like it at times, but it isn’t so. There is One who knows us and is closer to us than our next breath. There is One who anchors the very center of our being, who IS the very center of our being. There is One who knows us just as we are, this curious amalgam of spirit and flesh, of heart and mind, of Divine and human that is us. Faith is trusting this is so.

Our journey is to learn to know as we are known. Jesus knows me...this I love.

Prayer: Thank you God that I am known, that I matter, that I am precious to You. I love you too. Amen.