

New Year Resolutions

by Kathy Munn

Many years ago I resolved never to bother with New Years resolutions, and I have stuck with it ever since. ~ Dave Beard

Whether you are someone who always has New Year resolutions or someone who resolves never to have them :-), the beginning of each year can still give us the sense of clean slates or new beginnings.



Maybe it's the crispness in the air or hibernation of nature just before the spring, but I am feeling the tingle of new possibilities, new opportunities for this year. Last year is done and I am ready for a new one!

Do I have new resolutions for this year? Not exactly. Except that I simply want to live today as fully as possible and I want the people I love to really know it. Sounds simple, but there have been extended periods in my life when that thought was nowhere near my conscious mind.

May your days this year be filled with loving thoughts and people!

Keep your eyes open, hold tight to your convictions, give it all you've got, be resolute, and love without stopping. ~ 1 Corinthians 16:13-17 (The Message translation)